



Miller's Choice c/o Just
Natural Health & Beauty
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Product

Name	Gluten Free Oat Bran
Description	Miller's Choice gluten free oat bran is carefully selected from British mills to give you the oat fuelled head start you need in the morning.
Code	RBM9
Barcode	5056078808906
Country of Origin*	United Kingdom
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	400g
Packaging Type*	Clear plastic pouch with resealable zipper, paper label
*Packaging type may vary from time to time and the type stated in this document is not guaranteed.	

Shelf Life

Maximum Shelf Life	18 Months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Gluten Free OAT BRAN
Allergens	For allergens see ingredients in BOLD .

Nutritional Values per 100g

Energy	1,538KJ (365 kcal)
Fat	6.1g
Of Which Saturates	1.3g
Carbohydrates	59.0g
Of Which Sugars	1.2g
Fibre	11.0g
Protein	13.0g
Salt	0.0g

Certifications	Gluten Free
Serving Requirements	For 2 servings of Oatbran: Bring 480ml of water or milk to the boil. Add 80g of gluten free oat bran, reduce heat and cook for 3 minutes whilst stirring continuously.