

# Your 6 greens a day

**Ingredients per serve:** Spirulina (25%) Kale (17.5%) Broccoli (17.5%) Barley Grass (17.5%) Wheat Grass (17.5%) Chlorella (5%) Thaumatin (<1%). **All greens are 100% Certified Organic**

**Directions:** Mix 1 – 2 teaspoons into your smoothie, juice or water. Enjoy daily at any time of the day.

Do not take whilst on warfarin therapy without medical advice.



## Just Greens Smoothie

- 1 small frozen banana
  - 1 cup of water (or coconut water)
  - 1/2 green apple
  - 2 teaspoons of Just Greens
  - 5-10 mint leaves (optional)
  - 4 ice cubes (optional)
- Blend the ingredients for 1-2 minutes and enjoy!



# Just Greens

kale  
broccoli  
spirulina  
chlorella  
barley grass  
wheat grass

organic ✓  
gluten free ✓  
dairy free ✓  
vegan ✓



NET weight 200g

## Just the finest greens!

Vital has selected the six finest greens found in nature to create "Just Greens".

This 100% certified organic raw greens blend is filled with pure wholefood nutrients that are naturally absorbed for optimal benefits.

**Just Greens** is a clean formula, rich in antioxidants and nutrients, that help to alkalise and cleanse so your body can reap the benefits every day.

Unlock your body's energy and vitality with **Just Greens**.

Imported by Martin & Pleasance UK Ltd  
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### NUTRITIONAL INFORMATION

Servings per package: 40 Serving Size 5g

	Average quantity per serving	Average quantity per 100g
Energy	76kJ	1508kJ
Fat	0.17g	3.4g
- saturated	0.06g	1.2g
Cholesterol	0mg	0mg
Carbohydrate	2.3g	45.8g
- sugars (natural)	0.26g	5.8g
Fibre	1.05g	21g
Protein	1.78g	35.5g
Sodium	33mg	660mg



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