



Magnesium Flakes 800g

100% Pure Natural Salts. Premium quality Magnesium Chloride Flakes. Recover and relieve muscular aches and pains.

Soakin specialise in sourcing only the highest quality, 100% pure natural salts to ensure the most soothing and relaxing bath-time experience. Our range includes: Dead Sea Salt (Soothe). Epsom Salt (Relax). Himalayan Salt (Detox). Magnesium Flakes (Recover).

Instructions for bath use

Add between 250g-1000g of Magnesium flakes to a warm bath and soak for 20 minutes, 1-2 times per week, depending on recovery needs.

Instructions for footbath

Use Add 100g-250g to a footbath or bowl and soak feet for 20 minutes, then rinse.

Precautions

Before using For external use only. Avoid contact with eyes. Do not use on broken skin. Keep away from children.

Storage

Keep bag sealed and stored in a cool dry place.

Ingredients

Magnesium Chloride