

Product Information Sheet

Product Name	NOW Supplements, Sunflower Lecithin with naturally occurring Phosphatidyl Choline and Other Phosphatides, Powder, 1-Pound
Brand	NOW Supplements
Vendor SKU	2314
UPC	733739023148
GTIN	30733739023149
Country of Origin	US
Serving Size	1 ⅓ tbsp (10g)
Unit Count	1
Directions	Take 1 1/3 tablespoons daily, preferably with a meal. Mix in juice or shakes, or sprinkle on food. Store in a cool, dry place after opening.
Ingredients	Nutrition Facts Serving Size: 1 1/3 tbsp (10g) Servings Per Container: About 45 Description Amount per Serving % Daily Value Calories 50 Total Fat 5g 6% Saturated Fat 1g 5% Polyunsaturated Fat 2.5g Monounsaturated Fat 1.5 g Sodium 0mg 0% Total Carbohydrate <1g <1% Protein 0g Calcium 25mg 2% Iron 0.3mg 2% Potassium 80mg 2% Phosphorus 270mg 20% Not a significant source of trans fat, cholesterol, dietary fiber, total sugars, added sugars, and vitamin D. Ingredients: Sunflower Lecithin Powder. Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. Caution: Do not eat freshness packet enclosed. Natural color variation may occur in this product. Store in a cool, dry place after opening. This product is sold by weight not volume. Naturally occurring phospholipids (example)(per serving) (1 1/3 tablespoons)*: Phosphatidyl Choline 2.5 g (2,500 mg) Phosphatidyl Inositol 1.8 g (1,800 mg) Phosphatidyl Ethanolamine 1.1 g (1,100 mg)* subject to natural variability Family owned since 1968.

Product Description	NOW® Sunflower Lecithin Powder has phosphatidyl choline, the most abundant phospholipid in the cell membrane. It also naturally abounds in phosphatidyl inositol, phosphatidyl ethanolamine, and essential fatty acids. Lecithin aids in emulsifying fats, enabling them to be dispersed in water. NOW® Sunflower Lecithin Powder is soy free and non-GMO. Natural color variation may occur in this product.
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