

Warning, this powder may give you superpowers. Just one teaspoon of our raw berry powder is bursting with more berry superpower than a whole handful of fresh berries. You'll probably find yourself doing odd things like not hitting snooze and looking forward to Mondays. Not all heroes wear capes, but most eat our berries.



Scoop out one
or two teaspoons



Add to cereal, porridge,
smoothies or yogurt



Use in baking
or cooking

Our founders met in the Arctic Circle when they were tiny berry-picking tots. Enriched by the midnight-sun goodness packed into each berry, they grew strong and soon set out to explore new lands, taking the wild forest berries with them (preserved in space-saving powder) ready to share with the world.

INGREDIENTS

Dried & ground wild Lingonberries,
NOTHING ADDED!

- Nutrient rich wild forest berries
- We've used over 700g of fresh berries in this bag
- Raw goodness—dried below 40 degrees celcius
- Iron—Eliminates fatigue
- High in fibre—good for digestion
- Magnesium—recovers and keeps your muscle function tiptop
- Potassium—regulates blood pressure

SERVING SIZE

Add 1-2 teaspoons to your porridge, cereal, yogurt or smoothie. Or use as an ingredient in your baking and cooking.

RECIPES AND INSPIRATION

www.arcticpowerberries.com

@arcticberries

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NUTRITION FACTS PER 100G

Energy	359 kcal / 1523 kJ
Protein	3g
Carbohydrates	61g
Of which sugars	38g
(Only natural sugars!)	
Fibre	24g
Fat	0.8g
Vitamin E	3.8mg
Magnesium	46mg
Potassium	470mg
Proanthocyanidins	3000mg
Iron	3.1mg

Allergies? Our berries are free from gluten, dairy, soya and nuts. **Non-GMO!** This product contains no GMO parts. **Vegan?** Absolutely! **Healthy?** Very!

Contents may settle, shake gently. After opening, consume within 16 weeks for optimum freshness. Store away from sunlight, in dry room temperature. Do not freeze.

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Best before:



Wild Berries



Nutrient rich



No Added Sugar



Raw



Gluten Free