

# Mighty Gyros

## Nutritional Value

Serving size  
100g

Amount per serving			R.1%
Energy	716 kj	171 kcal	9%
Fat	5.1g		7%
of which saturates	1g		5%
Carbohydrates	6.2g		2%
of which sugars	0.5g		1%
Fibers	9.8g		39%
Protein	20g		40%
Salt	0.9g		15%