

## MAGNESIUM BISGLYCINATE

(600mg providing 120mg elemental magnesium)

**Ingredients:** Magnesium bisglycinate, hydroxypropyl methylcellulose (capsule shell).

**Recommended Intake:** Take 1 to 2 capsules daily or as directed by your medical practitioner. Do not exceed the recommended daily intake. This product should not be used as a substitute for a balanced, varied diet and lifestyle.

- Keep out of sight & reach of children
- Do not use if sealing strip is missing or broken
- Suitable for vegetarians & vegans
- BEST BEFORE DATE: see base of container
- Store in a cool, dry place

PRODUCT CODE: 5560



CYTOPLAN

## MAGNESIUM BISGLYCINATE

(600mg providing 120mg elemental magnesium)

Minerals



60 VEGAN CAPSULES  
Food Supplement

### Product Information:

60 Capsules = 30-60 days supply

One capsule will provide on average:

Average Values: %NRV

Magnesium Bisglycinate	600mg	*
providing		
elemental magnesium	120mg	32

NRV = Nutrient Reference Value

\*Indicates no NRV

Magnesium contributes to the reduction of tiredness and fatigue, the normal function of the nervous system, muscle function and normal psychological function.

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