

Product

Name	Organic Omega 3 See Mix 500g
Description	Just Natural Organic Omega 3 Seed Mix is selected from only the best organic producers from around the world. Consisting of brown and golden linseed, sunflower seeds and pumpkin seeds, our omega 3 mix is great for topping salads and muesli. Or incorporate into your favourite bread and bakes. And they're packed in our 100% plastic free compostable packaging.
Code	JN100
Barcode	5060338033854
Country of Origin*	Various EU
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	500g
Packaging Type*	Home Compostable Packaging (Certified)
*Packaging type may vary from time to time and the type stated in this document is not guaranteed.	

Shelf Life

Maximum Shelf Life	12 Months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	Brown Linseed* (25%), Golden Linseed* (25%), Sunflower Seeds* (25%), Pumpkin Seeds* (25%) *Organic
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Nutritional Values per 100g

Energy	2,298KJ (555kcal)
Fat	42.6g
Of Which Saturates	5.3g
Carbohydrates	21.6g
Of Which Sugars	2.2g
Fibre	11.8g
Protein	27.1g
Salt	0.0g
Omega 3	7.2g
Omega 6	15.0g

Certifications	Organic (Soil Association), Vegan Society
Serving Requirements	Use as a topping for salads and muesli, or include in your favourite bakes.