



Magnesium Menopause Body Spray

An uplifting blend of magnesium chloride, ylang-ylang and clary sage to relax and unwind

Relieves stress, eases muscle tension and supports a good night's sleep

100% natural magnesium chloride



Magnesium Menopause Body Spray is an uplifting blend of magnesium chloride, ylang-ylang, and clary sage to ease muscle tension, relieve stress and support a good night's sleep.

The science

Transdermal delivery (through the skin) is the most effective form of magnesium supplementation which means the effects of this vital mineral can be felt faster.

Magnesium is essential for a healthy body – a natural relaxant, it relieves muscle tension, joint stiffness and flexibility as well as aids skin health, calcium absorption and restful sleep.

Without magnesium our bodies are less supple, and deficiency is linked with many health implications including migraines, low mood and extreme fatigue.



Magnesium quality

BetterYou magnesium chloride comes from a natural source, deep inside the Earth's crust. It has been protected from man-made pollutants for over 250 million years, ensuring its quality and purity.

Ingredients

Aqua (water), magnesium chloride, glycerin, PEG-40 hydrogenated castor oil, phenoxyethanol, canaga odorata (ylang-ylang) flower oil, ethylhexylglycerin, hydrolyzed jojoba esters, salvia sclarea (clary sage) oil, linalool, benzyl benzoate, benzyl salicylate, eugenol, farnesol, geraniol.

Advisory information

The magnesium tingle: On initial application you may experience a slight tingling sensation. This is the result of the high speed absorption of BetterYou Magnesium Oil and can indicate a low level of cellular magnesium in the user. This will pass with regular use but, as absorption is immediate, skin can be rinsed or towelled off after massaging in.

For external use only; Avoid contact with eyes;

Do not use on damaged or broken skin.

Supplements should not replace a healthy diet and exercise.

Keep out of reach and sight of children.

Planet-friendly product

The carton is made of material from well-managed, FSC®-certified forests and other controlled sources.

The bottle is made from plant-based Green Polyethylene (PE). This is plastic derived from a sugarcane source, the production of which is carbon negative. This product is certified free from any palm oil and palm oil derivatives.

Magnesium content			
Per 10 sprays			75mg
RRP	Product size	Case size	Dosage
£13.95	100ml	6	5-10 sprays

Magnesium Menopause Body Spray

Helps relieve symptoms of the menopause.

RRP

£13.95

Product size

100ml

Product dimensions (mm)

(L x W x D)

100ml 141 x 52 x 52

Suitable for

Suitable for vegetarians and vegans

No contraindications

Free from

Preservatives,
Synthetic colours,
fragrances,
pollutants,
and heavy metals

Dermatologically tested



 Developed in Britain

BetterYou 