

TOFU

HERB GARDEN

Firm tofu with
Mediterranean herbs

Ingredients

Tofu (Water, **SOYA** bean, Nigari),
Mixed Herbs 2% (Onion, Parsley,
Rosemary, Oregano, Basil,
Marjoram, Thyme, Savory, black
pepper **MUSTARD** Seed, Red Pepper,
Coriander).

Allergens

See ingredients in **BOLD**.

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Produced in UK for:
UK: NAH Foods Ltd, Havant House, 274
Amphthill Road, MK42 9QJ

BEST BEFORE


Nutrition Info.

TYPICAL VALUE	Per 100g	Per ½ pack (140g)
Energy (kJ/kcal)	603 / 144	844 / 192
Fat (g)	7.8	10.8
of which saturates (g)	1	1.4
Carbohydrates (g)	3.6	3.8
of which sugar (g)	1.14	1.6
Protein (g)	14.8	20.7
Salt (g)	0.01	0.02

This product contains 2 servings

Storage

Keep refrigerated below 5°C. Not suitable
for home freezing.

 SLEEVE Recycle

 FILM Don't recycle at home
RECYCLE AT RECYLING POINT



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Net weight: 280g

Typical values per 100g: Energy 589kJ/140kcal
% of adult reference intake.

10%	15%	7%	2%	0.02%
ENERGY 844kJ	FAT 10.8g	SATURATES 1.4g	SUGARS 1.6g	SALTS 0.02g

Per ½ pack (as sold)

Elevate your dishes with the classic
Mediterranean flavours.



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GLUE AREA