# Biona Lucky Stars Organic & suitable for Vegans

# Ingredients:

vegetables\* (hokkaido pumpkin\* (19%), carrots\*), wholegrain rice\*, tofu\* (water, soya beans\*, coagulant: nigari), spelt (wheat) flakes flour\*, sunflower seeds\*, oat flakes\*, buckwheat flour\*, sunflower oil\*, salt, spices\*

\*=certified organic ingredients

For allergens including grains containing **gluten** please see ingredients in **bold**. Not suitable for <u>nuts</u>, <u>mustard</u> and <u>sesame</u> allergy sufferers due to manufacturing methods.

Serving suggestion: Heat lightly in a pan until golden brown. Suitable for freezing.

Packaging made from 57% recycled plastic.





Nutrition information per 100 g: Energy 931 kJ/ 223 kcal Energy Fat Fat
of which saturates
Carbohydrate
of which sugars
Fibre
Protein
Salt

 $250\,\mathrm{g}\,\mathrm{e}$ 

Packed in a protective atmosphere.
Use by: See stamp. Store chilled 2-7°C
Once opened consume immediately.

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