

## BIOTIC PLUS

9 live\* strain probiotic -  
with GUARD technology

**INGREDIENTS:** *Lactobacillus acidophilus* (R0052), *Lactococcus lactis* (R1058), *Lactobacillus rhamnosus* (R0011), *Lactobacillus paracasei* (R0215), *Lactobacillus plantarum* (R1012), *Bifidobacterium breve* (R0070), *Bifidobacterium bifidum* (R0071), *Bifidobacterium longum* (R0175), *Streptococcus thermophilus* (R0083), NutraJIT® (GUARD technology), potato starch, hydroxypropyl methylcellulose (capsule shell).

\*Live viable dehydrated bacteria.

**RECOMMENDED ADULT INTAKE:** 1-2 capsules daily, taken 30 minutes after food, or as directed by a medical practitioner. Do not exceed the recommended daily intake. This product should not be used as a substitute for a balanced, varied diet & lifestyle.

- Keep out of sight & reach of children
- Do not use if sealing strip is missing or broken
- Suitable for vegetarians
- BEST BEFORE DATE: see base of container
- Store in cool, dry place. Do not refrigerate.
- Ensure top of bottle is secure between use

**PRODUCT CODE: D003**

# Nature's Own

## Healthy Goodness

DIGESTIVE AIDS

IMPROVED

# BIOTIC PLUS

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with GUARD technology

FOOD SUPPLEMENT



VEGETARIAN

30 VEGETARIAN CAPSULES

## PRODUCT INFORMATION:

### 30 CAPSULES = 15-30 DAYS SUPPLY

Each capsule will provide on average 3.5 billion bacteria (at time of manufacture) consisting of:

*Lactobacillus acidophilus*  
*Lactococcus lactis* spp. *Lactis*  
*Bifidobacterium longum*  
*Lactobacillus rhamnosus*  
*Streptococcus thermophilus*  
*Bifidobacterium breve*  
*Bifidobacterium bifidum*  
*Lactobacillus plantarum*  
*Lactobacillus casei*

\*Viable dehydrated cells which are reactivated upon digestion.

We guarantee this product FREE FROM:  
GMO, WHEAT, SOY, ADDED SUGAR,  
FLAVOURINGS & COLOURINGS

Cytoplasm Ltd, Unit 98B,  
Blackpole Trading Estate West,  
Worcester, WR3 8TJ

Tel: +44 (0)1684 310099  
[www.cytoplasm.co.uk](http://www.cytoplasm.co.uk)

GUARD is a patented natural delivery system to protect potency of strains through the G.I tract.



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