

# WASABI HUMMUS

JAPANESE BLEND

**AUTHENTHIC RECIPE WITH NATURAL INGREDIENTS** 

## **DANDS**

Baking since 1969, our family business has a passion for sourcing, creating and sharing authentic & traditional global recipes for you to enjoy. Our delicious dips use cold-press innovation, removing the need for any artificial preservatives, helping to keep all the goodness locked in. Traditional Lebanese hummus blended with Japanese wasabi paste into a super smooth and creamy dip.

It's this creaminess that helped our hummus become award winning.

NO ARTIFICIAL PRESERVATIVES LOW IN SUGAR
SOURCE OF FIBER CREAMY RECIPE

### **ALLERGY ADVICE**

Our facility handles wheat, rye, barley, oats, milk, eggs and their derivatives, tree nuts, peanuts, soya, mustard, celery and sesame.

### STORAGE:

Keep refrigerated < 5°C. Once opened, consume within 4 days.

All packaging is recyclable expect plastic seal

**Expiry Date:** 



We use less plastic, try this belt instead to re-seal your tub for the next meal!

### MY INGREDIENTS

Cooked Chickpeas(50%), Vegetable Oil (Sunflower), Tahini(10%)(Sesame Seeds), Wasabi Paste, Salt, Acidity Regulator (Citric Acid (E330)), Water. Nothing else added!

Energy(Kcal) per pot 230g - 534Kcal

Nutritional Information	Per 100g	% Daily Value*
Energy (kJ)	971	-
Energy (kcal)	232	-
Fat (q)	10.5	13%
of which saturates (g)	1.3	6%
Carbohydrate (g)	28	10%
of which sugars (g)	1.1	-
Fibre (g)	3	12%
Protein (g)	6	12%
Salt (g)	1.3	-

RI = % of your daily reference intake

Produced at Wooden Bakery sal - Lebanon Dands is a trademark by Dips And Sticks Ltd. 85 Great Portland Street, London, W1W7LT www.dandsthegoodsnacks.co.uk @@dandsdipsandsticks

