

70g/150ml Camu Camu / label size 66x145mm

Camu Camu is a small berry type fruit with a sweet and sour flavour. It is renowned for its naturally high levels of vitamin C. Our Organic Camu Camu Berries are harvested directly into canoe boats in the rainforest. Once inspected and washed, the pulped camu fruit are then placed into a custom low temperature dehydrator, ensuring that the fruits vitamin content is preserved and the fruit retains its full essence. Camu Camu is very versatile and tastes great in smoothies, baking, sauces, dips and ice cream.

Suggested use: Add around one teaspoon or more to smoothies, drinks or desserts.

Best before end: See base.

Storage: Store in a cool, dry place away from direct sunlight.

Suitable for vegetarians and vegans. Naturally free from gluten and wheat. NO ARTIFICIAL COLOURS, PRESERVATIVES, SWEETENERS OR FILLERS.

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GB-ORG-05
Non-EU Agriculture

SOIL ASSOCIATION
ORGANIC

ORGANIC CAMU CAMU

POWDER	100%RAW INGREDIENTS
High vitamin C and dietary fibre	70g e

KIKI HEAL⁺H

Ingredients: 100% Organic Camu Camu Fruit

Contains a mix of micronutrients which contribute to:

- protection of cells from oxidative stress
- normal functioning of the nervous system
- maintenance of normal hair and skin

Our Organic Camu Camu Powder is naturally high in dietary fibre.

Nutrition

Typical values	per 100g	% RI*
Energy	1320kj 314kcal	
Fat	2.5g	
of which saturates	0.4g	
Carbohydrate	55.6g	
of which sugars	5.6g	
Fibre	23.4g	
Protein	5.6g	
Salt	0.07g	
Vitamin C	6068mg	7584%

Reference intake of an average adult (8400kJ/2000kcal)