# Lucid Peanut Butter & Jelly Spec Sheet



# **Product Description:**

Gluten-free, vegan friendly adaptogenic nutrition bar, featuring functional ingredients such as Lions Mane mushroom and Maca root.

- Net Weight: 50g

- Product Type: Nutrition/Functional Food Bar

- Primary Features: Lions Mane, Maca, Gluten-Free, High Fibre

### **Ingredients:**

Dates, **Peanuts** (30%), Chicory Fibre, Rice Protein, Pumpkin Seeds, Maca Root (3%), Goji Berries, Lions Mane (2%), Freeze Dried Raspberries (0.8%), Salt, Natural Flavouring

Cookie Dough	Per 100g	Per 50g
Energy	386kcal	193kcal
Fat	17g	8.7g
Of which Saturates	3.4g	1.7g
Carbs	33g	17g
Of which Sugars	26g	13g
Fibre	14.3g	7.1g
Protein	20g	9.9g

# Allergen Information:

**Contains: Peanuts** 

May contain traces of: Other nuts, Soya, Milk (Manufactured in a facility that handles these allergens)

### Storage & Handling

- Store in a cool, dry place
- Shelf Life: 12 months from date of manufacture

# Manufacturing Information

- Manufactured in the UK for Vibes Inc.
- Gluten-Free Certified



\*Note: This specification is subject to change. Latest certificates and detailed microbiological specifications available upon request.\*

Csilla Gindorf, CEO