



form | naturally advanced
plant based nutrition

Edge is your cognitive enhancer for daily use

Edge combines high strength herbal extracts with potent nootropics and B Vitamins to help make every day your best. It's you, improved.

- Bacopa Monnieri
- Alpha GPC
- Ginkgo Biloba
- B Vitamins
- Contributes to the reduction of tiredness and fatigue
- Contributes to the normal synthesis and metabolism of some neurotransmitters



To perform at our best we need our brains working at their best. Think of Edge as a multivitamin for you brain, containing everything you need to ensure your brain is functioning at it's best, every day.

We've combined nootropics, effective doses of B vitamins and high strength herbal extracts originally used in traditional medicines but now backed by hard science to take the thinking out of what supplement you need to look after your most important asset.

Use Edge as a daily supplement, adding Boost as a pre-workout or anytime you need a calming energy boost, and ZZZZs as required if you need help optimising your sleep.



Bacopa Monnieri

We've included the highest purity Bacopa Monnieri. This herb, native to Southern India, is traditionally used in Ayurveda and has demonstrated memory improvement¹ and anxiety reduction properties.



Alpha GPC

There's also an effective dose of Alpha GPC, a precursor of the neurotransmitter acetylcholine, studies have shown this to improve attention and protect against cognitive decline.



Ginkgo Biloba and Phosphatidylserine

Ginkgo Biloba, used in traditional Chinese medicine, and the essential lipid compound Phosphatidylserine round off the formula.



BioPerine® to improve absorption

You aren't what you eat, you are what you absorb, and much of the goodness from food and supplementation can be lost through poor nutrient absorption. We ensure you get maximum benefits with an effective dose of BioPerine®, an extract from black pepper proven to increase bioavailability (absorption of nutrients).

Usage:

Two capsules a day with food. Swallow with water or a cold drink. Do not exceed the recommended dose. Not to be chewed.

Nutritionals

Ingredient	Per serving (2 caps)
Alpha GPC	300mg
Bacopa Monnieri (55% Bacosides)	300mg
Phosphatidylserine	200mg
Ginkgo Biloba (50:1)	120mg
Bioperine™ (Black Pepper Extract 95% Piperine)	5mg
Thiamine (B1)	5.5mg
Niacin (B3)	16mg
Vitamin B6	20mg
Vitamin B12	25µg
Pantothenic Acid (B5)	12mg
Iodine	150µg

Vegetable capsule shell: Hydroxypropyl Methyl Cellulose



VEGAN



DAIRY
FREE



GLUTEN
FREE



GMO
FREE



SOY
FREE



GLASS
JAR



**"Brain training will be
the smart move"**

Men'sHealth



**"Never felt
more focused"**

S H E E R L U X E