

Ciemme La Gnoccheria Gluten Free Gnocchi 250g

Ciemme La Gnoccheria gnocchi is Certified Gluten Free and Vegan

Made in Puglia by Italy's leading producer of gnocchi using the finest quality local ingredients to produce a high quality gluten free gnocchi.

Serve with Le Conserve Della Nonna pesto for a quick and tasty gluten free and vegan meal.

Ingredients

Rehydrated Potatoes 70% (Water, Rehydrated Potato Flakes), Corn Flour, Potato Starch, Corn Starch, Rice Flour, Salt, Acidity Regulator: Lactic Acid, Preservative: Sorbic Acid, Turmeric.

Lactic Acid from Vegetable Origin.

Dietary Information

Gluten Free, Milk Free, Egg Free. Suitable for Vegans and Vegetarians.

Nutritional Information

Typical Values	Per 100g	
Energy kJ	698	
Energy kcal	165	
Fat (g)	0.5	
of which saturates (g)	0.1	
Carbohydrates (g)	36.7	
of which sugars (g)	0.1	
Fibre (g)	1.6	
Protein (g)	3.5	
Salt (g)	1.4	

Storage

Store in a cool dry place. Once opened keep refrigerated and consume within 3 days. Best before: see the date on pack.

Preparation and Usage

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Cooking Time: 2 minutes

Simply place the gnocchi into boiling salted water. As they rise to the top carefully remove. Stir in Le Conserve Della Nonna Vegan & Gluten Free Green Pesto for a traditional tasting Gnocchi al Pesto Genovese in minutes. Alternatively, the gnocchi can be pan fried until golden brown.