

. This pack contains 2-4 servings

| Typical values     | per: 100g |
|--------------------|-----------|
| Energy             | 467kJ     |
|                    | 113kcal   |
| Fat                | 7.9       |
| of which saturates | 1.5       |
| Carbohydrate       | 6.7       |
| of which sugars    | 8.4       |
| Fibre              | 5.2       |
| Protein            | 1.1       |
| Salt               | 1.7       |

Aubergine (72%), Miso Sauce (White Miso (8%) ^Water, **Soya** Bean, Rice, Salt, Alcohol], Sugar, Mirin ^Water, Rice, Alcohol], Water, Rice Vinegar, White **Sesame** Seeds, Black **Sesame** Seeds), **Soya** Bean Oil  
For allergens, see ingredients in **bold**.

### Allergy advice

May Contain Celery

May Contain Cereals Containing Gluten

May Contain Molluscs

May Contain Wheat

May contain Celery, Cereals containing Gluten (Wheat) and Mollusc.<br>Prepared to a vegan recipe. Not suitable for those with a Mollusc allergy.

### Nutritional claims

Source of fibre