

GREAT TASTE, GREATER GOOD.

www.eat-wholesome.com

*We donate the equivalent of seeds
for one sq ft of farmland for each
Eat Wholesome™ product bought.*



- *Live and unpasteurised*
- *Rich in probiotics*
- *Vegan and gluten-free*

Storage: Refrigerate and best eaten within 4 days of opening.

Ingredients: Organic cabbage (60%), water, salt.

Prepared for: Eat Wholesome Ltd.

Grand Union House, 20 Kentish Town Rd,
London, UK, NW1 9NX

eat wholesome™
FOOD CO.

ORGANIC
— RAW —



SAUERKRAUT

Naturally fermented

Typical Nutrition Values
Per 100g

| | |
|--------------------|-------------|
| Energy | 43kj/10kcal |
| Fat | 0.1g |
| of which saturates | 0.0g |
| Carbohydrate | 2.0g |
| of which sugar | 0.1g |
| Protein | 0.7g |
| Salt | 2.0g |

Best Before: See lid.

500g e

300g Drained
Weight



PL-EKO-01
EU Agriculture

