

Spec sheet

Product: Raw Yemeni Sidr Do'ani Honey

Ingredients: 100% Raw Honey



Table of Nutritional Information

Portion Size: 21 g (1 tbsp)	Per 100 g	Per Portion (21 g)
Energy	1401 kJ / 335 kcal	294 kJ/ 70.3 kcal (3.5 %)
Fat	0 g	0 g (0 %)
- of which saturates	0 g	0 g (0 %)
Carbohydrate	83 g	17.4 g (6.7 %)
- of which sugars	62.9 g	13.2 g (14.7 %)
Protein	0 g	0 g (0 %)
Salt	0 g	0 g (0 %)