

amisa

SPELT & DELIGHTFUL

ORGANIC SPELT PUFFS

Simply puffed

serving suggestion

Ingredients: Puffed **Spelt wheat***.

* = Certified Organic Ingredients

Allergy advice: For allergens, including cereals containing **gluten**, please see ingredients in

bold. Not suitable for **soya** or **lupin** allergy sufferers due to manufacturing methods. Store cool and dry.



DE-ÖKO-006
EU Agriculture

Average nutritional values per 100g

ENERGY	1497kJ/354kcal	of which sugars	2.3g
FAT	2.4g	FIBRE	8.0g
of which saturates	0.4g	PROTEIN	12.8g
CARBOHYDRATE	66.3g	SALT	<0.05g

Best before: See stamp.

200ge

✓ Vegan

✓ Wholegrain

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