## ORGANIC ASHWAGANDHA POWDER

Ashwagandha powder is made from sun drying handpicked raw Ashwagandha and grinding them to a powder form. Store the powder in an air-tight container or reseal the bag tightly after opening, in order to retain its freshness and flavor.

Suitable for Vegans and Vegetarians.

Ingredients 100% Organic Ashwagandha Powder

Store in a cool dry place away from sun light.

100% Natural
No Preservatives
Product of India.

Organic Ashwagandha Health Benefits

- Stress Anxiety Overall Wellness Iron
- Fibre Potassium Calcium Magnesium For Enquiries & Feedback write to us: info@ausha.co.uk



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## NUTRITION FACTS /100g

Energy Value 367.47 Kcal

Total Fat 3.95 g

Saturated Fatty Acids 1.71 g

Iron 22.91 mg

Calcium 79.12 mg

Total Trans Fatty Acids <0.1 g

Protein 5.34 g

Sodium 73275.07 mg

Total carbohydrate 77.64 g

Dietary Fibre 33.68 g

Sugar 12.67 g

Magnesium 68.17 mg

Manganese 0.547 mg

Potassium 512.88 mg