

Fushi Fresh-Pressed®, pure, organic oils are unrefined and cold-pressed, from the season's harvest to ensure freshness and quality.

In Ayurveda, Prana represents life-force energy, and we infuse this philosophy into our products. Our ingredients are 100% pure to deliver the best efficacy, created in our London workshop.



GB-ORG-05 NON-EU
AGRICULTURE



THE GOOD SHOPPING GUIDE
ETHICAL COMPANY AWARD



Cruelty Free
INTERNATIONAL



LEARN MORE ABOUT
FLAXSEED OIL



SOIL ASSOCIATION
ORGANIC
GB-ORG-05 NON-UK
AGRICULTURE



MADE IN UK

100ml e

Fushi is a registered trademark
www.fushiwellbeing.com

FUSHI WELLBEING LTD.

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fushi

FLAXSEED OIL

FRESH-PRESSED® | 100% PURE

ORGANIC

HEALTH | OMEGA 3 FATTY ACIDS



DIRECTIONS: Take 1-2 teaspoons daily with food.

INGREDIENTS: Organic, Cold-Pressed, Unrefined, Flax Seed (Linum usitatissimum) Oil.

ORIGIN: England.

FREE FROM: Preservatives, artificial colours or flavours, yeast.

BEST BEFORE: Once opened keep refrigerated and consume within 2 months.

NUTRITIONAL INFORMATION	PER (10ML) 2 TEASPOON	%NRV*
Energy	80kcal	
Fat	9g	14%
of which saturates	1g	5%
of which polyunsaturates	6g	
of which monounsaturated	2g	
Trans Fat	0g	
Carbohydrates	0g	0%
Protein	0g	0%
Sodium	0mg	0%
*Reference intake of an average adult (8400 kJ/2000 kcal)		



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