CAUTION: Do not exceed the stated dose.

If you are pregnant, breastfeeding, taking prescription medication or under any medical supervision it is advisable to consult a GP prior to taking any food supplements. Discontinue use and consult a GP if adverse reactions occur. Not suitable for persons under the age of 18.

Keep out of reach of children at all times. Do not use if seal is broken or damaged.

If you are taking anti-coagulants (blood thinners) do not take this product except on the advice of a doctor.

Food supplements are intended to supplement the diet and should not be regarded as a substitute for a varied diet and a healthy lifestyle.

> Bottle made from at least 80% recycled plastic. Please recycle bottle with cap on.

All our products are subject to our stringent quality assurance. This product doesn't contain artificial flavours, colours or sweeteners.









Phosphorus

120 TABLETS FOOD SUPPLEMENT

## Nutritional Information

Serving Size: 1 Tablet

Servings per container: 120

19 37 5	Amount per serving	%RI*
Vitamin D3	100μg (4,000 IU)	2000%
Vitamin K2 (MK-7)	100µg	133%

\* Reference Intake

Ingredients: Bulking Agent (Microcrystalline Cellulose), Vitamin D3 (Cholecalciferol), Vitamin K2 (Menaguinone-7), Anti-Caking Agent (Magnesium Stearate)

STORAGE: Store in a cool, dry place. For best before end & batch number see side of label.

Vitamin D contributes to the normal function of the immune system, the maintenance of normal teeth and muscle function, and the normal absorption of calcium and phosphorus.

Vitamin D and K contributes to the maintenance of normal bones.

Vitamin D3 does not originate from the UK.

Manufactured according to the GMP Code Of Practice for:

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