

**PRODUCT INFORMATION:**

¼ teaspoon (1.1g) typically provides:

		%NRV*
Vitamin C	906mg	1133

\*NRV = Nutrient Reference Value

**INGREDIENTS:** Vitamin C (calcium ascorbate).

**FREE FROM:** Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, salt, soya, starch, sugar, wheat, yeast.

**WARNING:** More than 1000mg Vitamin C may cause mild upset in people with sensitive stomachs.

# HIGHER NATURE®

EVERYDAY ESSENTIALS

## VITAMIN C POWDER

For immunity



180g powder  
vegetarian and vegan

This product has not been tested on animals.

### VITAMIN C POWDER FOOD SUPPLEMENT - 180g POWDER

- ✓ Vitamin C balanced with calcium to be gentle on the stomach
- ✓ Easily dissolves in water, juice or smoothies
- ✓ Vitamin C contributes to the normal function of the immune system

**DIRECTIONS:** Take ½ teaspoon (2.2g) (children 5 and over ¼ teaspoon (1.1g)) a day in water or juice with meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

**STORAGE:** Store in a cool, dry place out of reach of children.

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