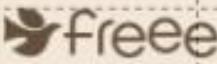


230mm
14mm | 5 | 36mm | 20mm | 80mm | 20mm | 36mm | 5 | 14mm

usage

usage



GLUTEN FREE ORGANIC
Brown Rice Pasta

EN

Ingredients: Brown rice flour*

*Organic product.

Made in Italy with 100% rice flour.

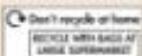
Storage: store in a cool dark place.

Best before: one year from pack.

NUTRITION		Cooking: Bring 800g water per 100g pasta to the boil.
Typical values	per 100g	per 100g
Energy	168 kJ 39 kcal	500g pasta, boil approximately 5 minutes then carefully take off pan every minute until it is al dente.
Fat	0.7g	
Saturated fat	0.1g	
Carbohydrates	77g	
Dietary fibre	0.8g	
Niacin	1.2g	
Pantothenic acid	1.2g	
Total	0g	Boil and serve immediately.

You can't beat rustling up
a quick pasta dish; for a
simple dinner just add
olive oil, minced garlic and
chopped parsley or, with
more time, add seasonal
ingredients, grated cheese
or a homemade sauce.

For more recipe ideas visit
free-foods.co.uk



Brown Farm Foods Ltd,
Salisbury Road, Hungerford, RG17 8EP, UK.
Via Nocelli Gherardi, 1/a, 20021, San Giuliano Terme, Italy

Best before:

Most halalik til:

Ten months from date of pack.

Average shelf life: 12 months from date of pack.



500g e



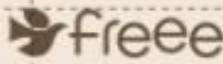
organic & vegan

FREE FROM GLUTEN & EGG
brown rice spaghetti

M A D E I N I T A L Y



Clear window



GLUTEN FREE ORGANIC
Brown Rice Pasta

DK

Hungerford, Berks, UK.

Ingredients: Brown rice flour*.

*Organic product.

Product: Gluten free brown rice pasta.

Storage: keep in a cool dry place.

Best before: one year from pack.

NUTRITION		Brewing: Bring 800g water per 100g pasta. Boil 100g per person. Repeat.
Grammaggio carbohydrato	per 100g	
Energia	168 kJ 39 kcal	500g pasta, boil approximately 5 minutes then carefully take off pan every minute until it is al dente.
Gras	0.7g	
Acqua *	77g	
Carbohidrato	0.7g	
Antiossidante	0.1g	
Autofibra	0.8g	
Acido solubile	0.1g	
Acido grasso	0.1g	
Proteine	1.2g	
Sali	0g	Boil and serve immediately.

GLUTEN FREE BIOLOGISCHE
Brown Rice Pasta

NL

Best before:

Verpackung: vier Jahre ab dem Herstellungsdatum.

Bestellzeit:

Geplante Verarbeitung: 100% Brown rice flour.

Bestellen: kein bestellbar.

Wiederholungsbestellung: OFF white.

Bestellzeit: drei Monate vor dem Verkaufstag.

VOLVENDOORHEDE		Brewing: gebruik per persoon 100g pasta. Kook per 100g pasta 1 liter water voor. Neem de pasta van het water en laat dit 10 minuten uitlezen.
Grammaggio carbohydrato	per 100g	
Energia	168 kJ 39 kcal	
Gras	0.7g	
Water *	77g	
Carbohidrato	0.7g	
Antioxidantie vezel	0.1g	
Autofibra	0.8g	
Acido solubile	0.1g	
Acido grasso	0.1g	
Proteine	1.2g	
Zout	0g	Boil and serve immediately.

KEVLEI BIOLOGIKI ORGANIKO
Dekouma Koroneko Pasta

EL

Best before:

Verpackung: vier Jahre ab dem Herstellungsdatum.

Bestellzeit:

Geplante Verarbeitung: 100% Brown rice flour.

Bestellen: kein bestellbar.

Wiederholungsbestellung: drei Monate vor dem Verkaufstag.

Bestellzeit: OFF white.

Bestellzeit: drei Monate vor dem Verkaufstag.

KALORIEENWAARDEN		Speciaalvoeding: Brown rice flour spaghetti and spaghetti with cheese and tomato sauce.
Grammaggio carbohydrato	per 100g	
Energie	168 kJ 39 kcal	
Gras	0.7g	
Water *	77g	
Carbohidrato	0.7g	
Antioxidantie vezel	0.1g	
Autofibra	0.8g	
Acido solubile	0.1g	
Acido grasso	0.1g	
Proteine	1.2g	
Zout	0g	Boil and serve immediately.



@freeFoods / free-foods.co.uk