

Ingredients

Organic TurmiPure GoldR* (turmeric extract (*curcuma longa* L.), Organic quillaja bark extract (*quillaja saponaria molina*)), Organic turmeric root* (*Curcuma longa*) Capsule shell vegetable cellulose (HPMC). *Certified Organic †24x more bioavailable at 300mg than 1500mg of Standard Turmeric (95% Curcuminoids), over 24 hours based on total curcuminoids. Source Naturex Human Pharmacokinetic Study 2019

Usage

Take 1 capsule per day.