

PMS Hero®

Premenstrual Support - 60 CAPSULES

INGREDIENTS: Magnesium Citrate, Organic Dandelion Root Powder, Ashwagandha KSM-66® (Withania somnifera) Root Extract, Bromelain, Shatavari Root Extract (Asparagus racemosus), Dong Quai Root Extract, Niacin (Nicotinamide), Agnus Castus (Vitex agnus castus L) Extract, Vitamin B5 (Pantothenic Acid, Calcium Salt), Vitamin B6 (Pyridoxine Hydrochloride), Chromium Picolinate, Folic Acid (Pteroylmonoglutamic Acid), Capsule Shell (Hydroxypropyl Methylcellulose).

DIRECTIONS: Take 2 capsules per day, with food. Do not exceed recommended dose.

Food supplements should not be used as a substitute for a varied balanced diet and a healthy lifestyle. If you are pregnant, breastfeeding, taking any medications or under medical supervision, please consult a doctor or healthcare professional before use. Discontinue use and consult a doctor if adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. For Best Before End and Batch No. information see below.

Carefully packed in the UK for DR.VEGAN Ltd.
Crispins, Manor Farm Lane, Michelmersh,
Romsey, Hants, SO51 0NT.
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FREE FROM: Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

NUTRITIONAL INFORMATION:

	Per 2 capsules	EC NRV*
Shatavari Root Extract	300mg	**
Dong Quai Root Extract	300mg	**
Dandelion Root	200mg	**
Agnus Castus	14mg	**
Bromelain	200GDU	**
Ashwagandha KSM-66® Root Extract	150mg	**
Folic Acid	200µg	100%
Vitamin B3 (Niacin)	18mg	100%
Vitamin B6	10mg	714%
Vitamin B5 (Pantothenic Acid)	12mg	200%
Magnesium	56mg	15%
Chromium	80µg	200%

*NRV = Nutrient Reference Value.

** No NRV Established.

FOOD SUPPLEMENT

www.drvegan.com

DR.VEGAN®

BETTER ME. BETTER PLANET