

THAT TIBA FEELING

It's the power of 100% natural protein that makes you feel healthier, satisfied, lighter, energised & altogether more alive.

These tasty tempeh pieces marinated in sweet chilli sauce are ready to max up your stir-fries, turbo-charge your tacos, ramp up your wraps & sensationalise your salads.



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for recipes



INGREDIENTS:

Tempeh 90% (soya beans*, water, culture (rhizopus)), sunflower oil*, water, sugar*, paprika*, cayenne pepper*, vinegar*, cornstarch*, citric acid, garlic*, ginger*, thickener: guar gum. *Organic
For allergens, see ingredients in bold.

COOKING INSTRUCTIONS:

Ready to Eat Now or Cook

For the tastiest tempeh, **Pan-fry**: Heat 1 tbsp of oil in a pan on medium heat. Add in the pieces and cook for 4 mins, turning occasionally.

Microwave: Remove all packaging and cook for 1 minute at 800W.

STORAGE:

Keep in a fridge below 5°C.

Once opened, eat within 48 hours.

NUTRITIONALS:

Typical values
Energy

Fat
of which saturates
Carbohydrate
of which sugars
Fibre
Protein
Salt

Per 100g
1197kJ
285kcal
12g
1.5g
13g
6.7g
6.5g
24g
0.35g

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NL-BIO-01
EU/Non EU-Agriculture



Best Before



GLUTEN FREE



VEGAN

200g e

