

Enjoy our organic super seed bread,
made with an oat base and a blend of nutty,
fibre-rich sunflower, flax, and pumpkin seeds.
This nutritious sliced bread is free from flour,
preservatives, and ultra-processed ingredients.
The slices are perfect for toasting!

GB: ORGANIC OAT AND SEED BREAD

Ingredients: **Oat** Kernels* (27%), Water, Sunflower Seeds* (13%),
Flax Seeds* (8.9%), Pumpkin Seeds* (8.9%), Apple Cider Vinegar*,
Psyllium Husk*, **Oat** Flakes* (2%), Sea Salt.

*= Certified Organic Ingredients.

Allergy advice: For allergens, including cereals
containing gluten, please see ingredients in **bold**.
Not suitable for **soya, sesame** or **nut** allergy
sufferers due to manufacturing methods.

300g e



ORGANIC SUPER SEED BREAD

HIGH FIBRE | SOURCE OF PROTEIN

300g e

**Average Nutritional Values
per 100g**

Energy	1231kJ/296kcal
Fat	18g
of which saturates	2.5g
Carbohydrate	18g
of which sugars	0.7g
Fibre	8.1g
Protein	11g
Salt	1.0g

Unopened best before: See stamp on front.
Storage instructions: Once opened store cool in
an airtight container and consume within 2-3 days.



DE-ÖKO-001
EU/Non-EU Agriculture

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