

METHYLFOLATE

Folic acid - 400µg

Ingredients: Folic acid

(as L-5-methyltetrahydrofolate calcium), bulking agent (microcrystalline cellulose), capsule shell (hydroxypropyl methylcellulose), alfalfa powder (*Medicago sativa*), anti-caking agent (magnesium stearate).

Recommended Intake: 1 capsule daily with food as a food supplement or as directed by a medical practitioner. Do not exceed the recommended daily intake. This product should not be used as a substitute for a balanced, varied diet and lifestyle.

- Keep out of sight & reach of children
- Do not use if sealing strip is missing or broken
- Suitable for vegans & vegetarians
- BEST BEFORE DATE: see base of container
- Store in a cool, dry place

PRODUCT CODE: 3319



CYTOPLAN

METHYLFOLATE

Folic Acid
as 5 methyltetrahydrofolate
400µg

Vitamins



60 VEGAN CAPSULES
Food Supplement

Product Information:

60 Capsules = 60 days supply

One capsule will provide on average:

Average Values:	%NRV
Folic Acid as 5MTHF	400µg 200
NRV = Nutrient Reference Value	

Folate contributes to maternal tissue growth during pregnancy, normal function of the immune system and normal blood formation.



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