

SUGGESTED USE: Take 3 capsules per day with a full glass of water and preferably with food.

CAUTION: Do not exceed the stated dose.

If you are pregnant, breastfeeding, taking prescription medication or under any medical supervision it is advisable to consult a GP prior to taking any food supplements.

Discontinue use and consult a GP if adverse reactions occur.

Not suitable for persons under the age of 18.

Keep out of reach of children at all times.

Do not use if seal is broken or damaged.

STORAGE: Store in a cool, dry place.

For best before end & batch number see side of label.

Food supplements are intended to supplement the diet and should not be regarded as a substitute for a varied diet and a healthy lifestyle.

Bottle made from at least 80% recycled plastic.
Please recycle bottle with cap on.

All our products are subject to our stringent quality assurance.
This product doesn't contain artificial flavours, colours or sweeteners.



New Leaf
products

Based on a
60 day supply

2*
Months
Supply

CREATINE MONOHYDRATE



3000MG
PER SERVING

180 CAPSULES
FOOD SUPPLEMENT

Nutritional Information

Serving Size: 3 Capsules

Servings per Container: 60

	Amount per Serving	%RI*
Creatine Monohydrate	3,000mg	**

* Reference Intake

** No RI established

Ingredients: Creatine Monohydrate, Capsule Shell (Hydroxypropyl Methylcellulose), Anti-Caking Agent (Magnesium Stearate)

Creatine does not originate from the UK.

3rd Party Lab Tested;
Parameters tested:

Arsenic
Cadmium
Lead
Mercury

The results of examined parameters mentioned above are compliant with EC no 1881/2006.

The product is considered marketable in EU and UK.

Manufactured according to the GMP Code Of Practice for:
New Leaf Products LTD - London - NW4 2ES
United Kingdom - support@new-leaf-products.com

FOR BEST BEFORE END AND BATCH NUMBER: SEE BELOW
V03