Indi Recover tub Artwork.indd 1

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## INDI Recover

+ 20g plant protein

- + Improves strength\*
- + Supports immunity\*\*

VITAMIN C

HASKAP BERRY

POMEGRANATE

BLACKCURRANT **GREEN TEA MONTMORENCY CHERRY** 

Our smooth berry plant protein is boosted with superfoods to support recovery after exercise and maintain muscle mass throughout life. It's your insurance to help preserve strength, support immunity and promote a healthy body.

HOW TO USE: Consume once a day. Mix 2 heaped scoops (35g) with 250ml of water or your favourite plant-based milk, or blend with banana and berries for a protein-packed smoothie.

At Indi, we've spent years searching the earth for its most powerful ingredients that unlock our ability to live better. We freeze-dry our superfoods at source to ensure optimal nutritional impact in doses you can feel working.

## INDI. PACKED WITH NATURE'S POWER.

## **VEGAN · GLUTEN & DAIRY FREE NO ARTIFICIAL COLOURS, SWEETENERS OR PRESERVATIVES**

## **NUTRITIONAL INFORMATION:**

	Per 35g serving	Per 100g
Energy	541 kJ (129 kcal)	1545 kJ (368 kcal)
Fat	1.9g	5.5g
of which saturates	0.3g	0.9g
Carbohydrates	7.4g	21.3g
of which sugars	1.3g	3.8g
Fibre	1.3g	3.6g
Protein	19.8g	56.5g
Salt	0.02g	0.06g
Nutrient	Per 35g serving	%RI
L-Leucine	335mg	n/a
Vitamin C	625mg	695%

INGREDIENTS: Pea Protein, Natural Flavouring, Montmorency Cherry Powder, Chickpea Protein, Coconut Water Powder, Haskapa Berry Powder, Organic Baobab Fruit Pulp Powder, Blackcurrant Flakes, Lemon Juice Powder, Vitamin C (L-Ascorbic Acid), L-Leucine, Pomegranate Extract, Green Tea Extract, Stevia Leaf Extract (Steviol Glycosides).

**GUIDELINES:** Supplements should not be used to substitute a balanced and varied diet. Suitable for adults over 16 only. Please consult your doctor if you are being treated for any medical condition, pregnant or breast-feeding.

\*Protein contributes to growth in muscle mass. \*\*Vitamin C contributes to maintaining normal function of the immune system during and after intense physical exercise.

BEST BEFORE: See base of tub.

STORAGE: Store in a cool, dry place. Once opened, use within six months.



Recycled board tube is widely recyclable. Plant-based measuring scoop is compostable.

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Made in Finland for Indi Supplements Ltd. 27 Old Gloucester Street, London, WC1N 3AX, United Kingdom.

480g €

09/08/2023 21:30