

					Nutritional Information per 100g														Nutritional Information per portion														Total MESS Score	Is it a High Fat, Sugary and Salt food?
Organic Code	Product Title/Description	Our Organic Ingredients	Age Stage	Product Descriptor Text	Country of Origin	kJ	Kcal	Fat (g)	of which Saturated s (g)	Carb s (g)	of which sugars	Fibre (g)	Protein (g)	Sodium m (g)	Salt (g)	Thiamin in (mg)	Calcium (mg)	Portion size (g)	kJ	Kcal	Fat (g)	of which Saturated	Carb s (g)	of which sugar	Fibre (g)	Protein (g)	Sodium m (g)	Salt (g)	Thiamin a (mg)	Calcium (mg)				
100550	Organic Blackcurrent Organic Soft Oat Snack Barz Multipack (6 x 23g)	Whole grain oats 49.0% Raisin (contains sunflower oil) 20.4% Sunflower oil 10.5% Apple juice concentrate 8.8% Agave fibre (inulin) 7.8% Blackcurrent juice concentrate 2.9% TOTAL 100%	12 months+	Our tasty blackcurrent oat bars are packed with organic juicy raisins and whole grain oats and under 100 calories per bar, making them ideal toddler snack bars. Suitable for 12+ months. 100% organic. No added salt. Nothing artificial. Suitable for vegetarians and vegans. Perfect for toddlers on the go.	Switzerland	1703	407	15	1.8	54	22	12	7.6	0.01	0.02			23	392	94	3.5	0.4	12	5.1	3.0	1.7	<0.01	<0.01			1	NO		