

A BEND OF COOKED CHICKPEAS & TAHINI, FLAVOURED
WITH PARSLEY, SPINACH & LEMON

INGREDIENTS: COOKED CHICKPEAS (39%) (WATER, CHICKPEAS), RAPESEED OIL, TAHINI (12%) (**SESAME SEED PASTE**), WATER, SPINACH (8%), FLAT PARSLEY (8%), LEMON JUICE CONCENTRATE, VINEGAR, GARLIC PURÉE, SALT For allergens, see ingredients in **bold**.

NUTRITIONAL VALUES (PER 100G)

| | |
|----------------------|--------------------|
| ENERGY | 296 KCAL (1226 KJ) |
| FAT | 24 g |
| (OF WHICH SATURATES) | 2.4 g |
| CARBOHYDRATES | 10 g |
| (OF WHICH SUGARS) | 0.3 g |
| FIBRE | 6.8 g |
| PROTEIN | 6.4 g |
| SALT | 0.80 g |



SEE REVERSE TO READ MORE ABOUT OUR STORY

♻️ PLEASE RE-USE OR RINSE & RECYCLE



VEG OUT
WITH US AT
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Not suitable for freezing. Keep refrigerated below 5°C. Once opened, keep refrigerated and consume within 2 days. Do not exceed use by date. Packed in the UK for ChicP Ltd., Burlington Road, London, SW6

150G