

The story...

In 2000, Olivado developed the world's first Extra Virgin Avocado Oil from the fresh, ripe flesh of New Zealand avocados. Since 2007, Olivado has trained small farmers in Kenya in organic, sustainable techniques to help provide a market for their avocado crops. Olivado's Organic Fair Trade Programme has contributed to an increased standard of living for over 12,000 people. Now a leading international brand, Olivado is enjoyed in over 33 countries.

The taste...

The smooth, buttery taste of ripe Fuerte avocado. It's perfect for gently heating in a frying pan as well as for high heat cooking. Drizzle over salads and vegetables and it's great with seafood too.

The goodness...

All the natural goodness of avocado. High in Vitamin E and monounsaturated fats. Contains no trans fats, additives, preservatives or artificial ingredients.



OLIVADO

Taste the goodness



Extra Virgin AVOCADO OIL



ORGANIC

A versatile everyday oil
For all high heat cooking,
salads and sauces
World leader in avocado
bioenergy

250ml e

A world leader in avocado bioenergy, Olivado uses all avocado waste to power our factories, fuel our vehicles and make fertiliser.

Quality Extra Virgin Avocado Oils require careful fruit handling, cooling and ripening. The flesh of the avocado is mechanically separated from the skin and stone and the oil is extracted under 45°C.

To discover more about Olivado, and to see our tasty recipes, go to www.olivado.com

Use within 3 months of opening. Store in a cool dark place. Olivado Avocado Oil is not filtered, so the oil may appear cloudy when cool.

INGREDIENTS: Organically produced, Extra Virgin Avocado Oil (100%).

EXPORTER: Olivado EPZ Ltd, Nairobi

Imported and bottled in the UK for Olivado by Phoenix Speciality Oils:
+44 1623 272070

Olivado UK: +44 7923 160373

Non-UK Agriculture
Non-EU Agriculture

250ml



Non - UK
Agriculture



GB-ORG-02
Non - EU Agriculture



BEST
BEFORE:
BATCH
NO:



9 421009 030316

NUTRITIONAL INFORMATION

Servings Per Pack: 16	Quantity per
Serving = 15ml	100ml
Energy	3370kJ 805kcal
Fat, total	91g
- saturated	13g
- polyunsaturated	10g
- monounsaturated	68g
Carbohydrate	0
- sugars	0
Salt	0
Vitamin E	16mg

*A 15ml serving provides 22% of the recommended daily reference intake of Vitamin E.