

VYBEY COMPLETE MEAL POWDER CHOCOLATE CARAMEL FLAVOUR

Oat Flour, Pea Protein, Brown Rice Protein (Organic), Coconut Oil Powder, Cocoa Powder (6%), Flaxseed Flour, Coconut Flour, Corn Starch, Natural Flavours, Xanthan Gum, Vitamin & Mineral Premix*, Lions Mane Mushroom (Organic) (1%) (Hericium Erinaceus), Sunflower Lecithin, Salt, Natural Sweetener (Stevia Leaf Extract), Bacillus Coagulans

*Vitamins (Vitamin C, Vitamin E, Vitamin B3 (Niacin), Vitamin D, Vitamin B2 (Riboflavin), Vitamin B5 (Pantothenic acid), Vitamin B6 (Pyridoxine), Vitamin B1 (Thiamine), Vitamin A, Folic Acid, Biotin, Vitamin B12 (Cyanocobalamin)).

*Minerals (Phosphorus, Potassium, Calcium, Magnesium, Zinc, Manganese, Copper, Molybdenum, Iodine, Chromium, Selenium, Iron).

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NUTRITIONAL INFORMATION

Servings per package:	15		
Serving size:	100 g		
	Per 100 g serve	%NRV*	Quantity per 100g
Energy	1633 kJ		1633 kJ
	390 Cal		390 Cal
Protein	29.0 g		29.0 g
Fat, total	9.9 g		9.9 g
- Saturated	5.1 g		5.1 g
- Trans	less than 0.1 g		less than 0.1 g
- Polyunsaturated	1.9 g		1.9 g
- Omega 3 (ALA)	0.4 g		0.4 g
- Omega 6 (LA)	0.1 g		0.1 g
- Monounsaturated	1.9 g		1.9 g
Carbohydrate	41.2 g		41.2 g
- Sugars	1.9 g		1.9 g
Fibre	9.0 g		9.0 g
Sodium	366 mg		366 mg

VITAMINS

Biotin	12.5 mcg	30%	12.5 mcg
Vitamin A	0.25 mg	25%	0.25 mg
Vitamin B1 (Thiamine)	0.55 mg	50%	0.55 mg
Vitamin B2 (Riboflavin)	0.85 mg	61%	0.85 mg
Vitamin B3 (Niacin)	5.0 mg	31%	5.0 mg
Vitamin B5 (Pantothenic acid)	1.5 mg	25%	1.5 mg
Vitamin B6 (Pyridoxine)	0.8 mg	57%	0.8 mg
Vitamin B9 (Folate)	50.0 mcg	25%	50.0 mcg
Vitamin B12 (Cyanocobalamin)	1.0 mcg	40%	1.0 mcg
Vitamin C	20.0 mg	25%	20.0 mg
Vitamin D	2.5 mcg	50%	2.5 mcg
Vitamin E	5.0 mg	42%	5.0 mg

MINERALS

Calcium	250 mg	31%	250 mg
Chromium	20.0 mcg	50%	20.0 mcg
Copper	0.5 mg	50%	0.5 mg
Iodine	50.1 mcg	33%	50.1 mcg
Iron	5.6 mg	47%	5.6 mg
Magnesium	104 mg	32%	104 mg
Manganese	0.85mg	43%	0.85mg
Molybdenum	25.1 mcg	50%	25.1 mcg
Phosphorus	403 mg	40%	403 mg
Potassium	293.6 mg		293.6 mg
Selenium	17.5 mcg	32%	17.5 mcg
Zinc	5.0 mg	50%	5.0 mg

OTHER INGREDIENTS

Lion's Mane (Hericium Erinaceus)	450mg	450mg
Bacillus Coagulans (billions)	1bn cfu	1bn cfu