



**Ingredients:** organic powder blend (baobab, agave inulin, lucuma powder, flaxseed protein powder, hibiscus, ashwagandha, strawberry, acai, panax ginseng, maqui berry, blueberry, acerola), passion flower, magnesium citrate, jujube extract (vitamin B6\*), vitamin E (DL-alpha-tocopherol), evening primrose powder.

\*Vitamin B6 contributes to the regulation of hormonal activity.

**Food Supplement - 15 servings**

**Recommended intake**

First two weeks take 1-2 tsp split morning/afternoon mixed in some water or smoothie and drink. Thereafter take 1 tsp once a day either morning or afternoon mixed in water or smoothie.

May contain nuts. Do not exceed the recommended dose.

Food supplements should not be used as a substitute for a healthy and varied lifestyle. Keep out of reach of young children.

**NUTRITIONAL INFORMATION** - Pouch contains: 15 servings

1 serving provides on average:

|                 | Per 10g serving<br>(1 tsp) | %NRV* | Per 20g serving<br>(2 tsps) | %NRV* |
|-----------------|----------------------------|-------|-----------------------------|-------|
| Energy          | 108kJ/26kcal               |       | 216kJ/52kcal                |       |
| Fat             | 0.1g                       |       | 0.2g                        |       |
| Saturated Fat   | 0.01g                      |       | 0.02g                       |       |
| Carbohydrate    | 5.6g                       |       | 11.2g                       |       |
| of which Sugars | 2.4g                       |       | 4.8g                        |       |
| Dietary Fibre   | 4.2g                       |       | 8.4g                        |       |
| Protein         | 0.4g                       |       | 0.8g                        |       |
| Salt            | 0.005g                     |       | 0.01g                       |       |
| Magnesium       | 60mg                       | 16%   | 120mg                       | 32%   |
| Vitamin E       | 134mg                      | 1116% | 268mg                       | 2232% |
| Vitamin C       | 13mg                       | 16%   | 26mg                        | 32%   |
| Vitamin B6***   | 0.255mg                    | 18%   | 0.510mg                     | 36%   |

\*Nutrient Reference Value

\*\*No Nutrient Reference Value

\*\*\*Vitamin B6 is naturally present from Jujube fruit extract powder

**FREE FROM:** gluten; GMO, lactose, colouring, preservatives, additives, herbicide, pesticide.

Suitable for Vegetarians and Vegans.

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150g - 15 servings

**BEST BEFORE:**



Made with RECYCLED MATERIALS