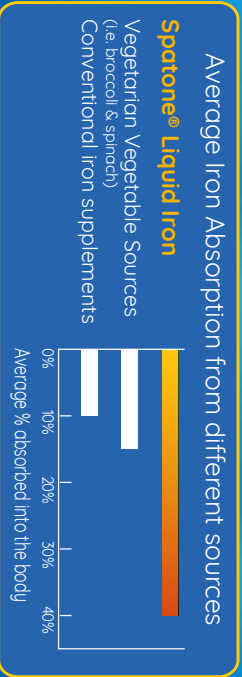


3003389



Spatone® Iron-Rich Water is scientifically shown to be a highly absorbable source of iron.



Taking Spatone® Iron-Rich Water helps ensure you get your daily absorbed iron with fewer of the typical side effects associated with iron supplements.



*The Nutrient Reference Value (NRV) is based on the relative bioavailability of iron from foods (vegetarian food sources). Spatone® Iron-Rich Water has a bioavailability 15% higher than the NRV present from Spatone® Liquid Iron has a high absorption (average 40%) which means taking a daily sachet as part of your diet should help meet your daily requirement.



iron helps release energy and supports your immune system *
gentle & easily absorbed

FOOD SUPPLEMENT
Iron-rich water 560ml (28 x 20ml sachets)



Info@spatone.com

Made in the UK. Spatone Limited, 83 Parkside, London SW19 5LP, UK
EU Importer: Nelsons GmbH, Heegborg 2, D-22591 Hamburg
Our iron-rich water is sourced from Trefriw Wells Spa in North Wales

Spatone® Iron-Rich Water is kind on your stomach and has fewer unpleasant side effects often associated with iron supplements, such as stomach irritation and constipation.



Best taken on an empty stomach.

Vitamin C increases the absorption of iron.



Straight from the sachet.



Spatone® sachets are convenient and easy to use when on-the-go.
How to take Spatone® Iron-Rich Water:



Spatone® Iron-Rich Water provides a rich source of iron that is gentle on the stomach and easily absorbed. It's a convenient way to take iron, and every drop of our iron-rich water is sourced directly from the Trefriw Wells Spa in the Welsh National Park of Snowdonia.

Why is iron good for you?

- ✓ helps release energy* and reduces tiredness & fatigue
- ✓ supports a healthy immune system
- ✓ supports normal cognitive function

*Iron contributes to normal energy-yielding metabolism and normal function of the immune system.

Ingredients:
Natural iron-rich water
(with nothing else added)





Nutritional information per sachet:

Iron (Fe2+)	5mg (55%)
%NRV*	

*NRV = Nutrient Reference Value

Do not exceed recommended dosage instructions. Ideal for everyone over 2 years old including pregnant and post-natal women, children, athletes, vegetarians and vegans. Spatone® Iron-Rich Water is a natural source of iron and a substitute for a balanced diet and a healthy lifestyle. Keep out of reach of children. Store in a cool, dry place. Best Before End: See base.



<div>Version Number:</div> <div>V5</div> <div>Outline only No trap</div>	<div>Product Title: 3003389 UK Spatone Original Blue 28 day Carton SP</div> <div>CC-2020/19 PMP2019-021</div>	<div>COLOURS:</div> <div><div>C</div><div>M</div><div>Y</div><div>K</div></div>				<div>FONTS USED:</div> <div>Quick Sand Gothic Narrow</div>
	<div>Job Dimensions: 343.75 mm x 549 mm FULL AREA</div>					<div>IMAGES USED:</div> <div>Master New Spatone Base Op1</div> <div>Droplet GethyImages-592045213- Medium_DT</div> <div>Mountains icon (2019) SPA1826_SHACET_ORIGINAL</div>
	<div>Component code: 3003389</div>					
	<div>Pharmacode: N/A</div>					
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	<div>Cutter Ref: P030373r4</div>					
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