

ingredient list & nutritionals

MINDFUEL FLOW PERFORM focus & clarity -
salted caramel

NUTRITIONAL INFORMATION	
TYPICAL VALUES	PER 100ml
Energy	102kJ/25kcal
Fat	0.9g
of which saturates	0.1g
Carbohydrate	3.4g
of which sugars	1.0g
Protein	0.3g
Salt	0.16g
PER 100ml %RI*	
Vitamin B6	0.17mg/12%*
Vitamin B12	0.3µg/12%*
*Reference intake of an average adult (8400kJ / 2000kcal)	

Gluten Free Oat Drink (50%) (Water, Gluten Free Oats (11%), Sunflower Oil, Salt), Water, Chicory Root Fibre Syrup (Oligofructose), Natural Flavourings, Lions Mane Mushroom Fruiting Body Extract (0.3%), Citrus Fibre, Sea Salt, Potassium Carbonate, Vitamin B6, Vitamin B12.

Claims: Low Sugar, No Caffeine, Vegan, Gluten Free, Allergen free.
Contains 750mg Lions Mane Extract, High in Vitamin B6 and Vitamin B12