

Product

Name	Organic Tri Colour Quinoa
Description	A nutritious and protein-rich blend comprising white quinoa* (70%), red quinoa* (15%) and black quinoa* (15%). *Organic. It offers a slightly nutty, earthy flavour with a varied texture-lighter and softer from white, combined with chewier, firmer texture of the red and black organic quinoa.
Code	JN216
Barcode	5056078800030
Country of Origin*	Peru
*Country of origin may vary from time to time and the origin stated in this document is not guaranteed.	

Packaging

Net Content	500g
Packaging Type*	Home Compostable Packaging (Certified)
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Shelf Life

Maximum Shelf Life	18 months
Storage Conditions	Ambient (15°C - 20°C)

Ingredients	White Quinoa*(70%), Black Quinoa*(15%) and Red Quinoa*(15%) *Organic
Allergens	For allergens, see ingredients in BOLD .

Nutritional Values per 100g

Energy	1,539kJ (368 kcal)
Fat	6.1g
Of Which Saturates	0.7g
Carbohydrates	57.2g
Of Which Sugars	1.3g
Fibre	7.0g
Protein	14.1g
Salt	0.0g

Certifications	Organic Certificate
Serving Requirements	Cooking Instructions (2 Portions) Add 100g of Quinoa to a pan of water, bringing to the boil and cover. Simmer for 12-15 minutes until the quinoa is tender. Drain any excess water to serve.