

Nutritional Information

Nutritional Values per 7g Serving

Energy (KCal)	26
Sugar (g)	0.2
Total Fat (g)	0.8
Dietary Fibre (g)	1.3
Protein (g)	0.9
Vitamin B12 (µg)	0.03
Vitamin B5 (mg)	0.06
Vitamin D3 (µg)	0.05

Ingredients

Gluten Free Oat Powder, Milled Flaxseed, Desiccated Coconut, Chicory Root Fibre, Turmeric Powder, Live Cultures, Vitamin Blend (Panthotenic Acid, Vitamin D3, Vitamin B12).

Includes: Bifidobacterium, Lactobacillus acidophilus, Lactobacillus casei, Lactobacillus rhamnosus, Lactobacillus plantarum, Streptococcus thermophilus.