## **BONE SUPPORT**

Ingredients: Magnesium (as magnesium citrate), Lithothamnium calcareum (providing calcium and magnesium) boron (as di-sodium tetraborate) vitamin D3 (cholecalciferol), anti-caking agent (microcrystalline cellulose, ascorbyl palmitate, silicon dioxide), vitamin K2 (as MK-7), hydroxypropyl methylcellulose (capsule shell).

**Recommended Intake:** 1-2 capsules daily as a food supplement, or as directed by a medical practitioner. Do not exceed the recommended daily intake. This product should not be used as a substitute for a balanced, varied diet and lifestyle.

- · Keep out of sight & reach of children
- Do not use if sealing strip is missing or broken
- Suitable for vegetarians & vegans
- BEST BEFORE DATE: see base of container
- Store in a cool, dry place





Multi-nutrient formula to support bone health

Musculoskeletal\*\* | Targeted Formulae | Wholefood







60 VEGAN CAPSULES Food Supplement

## **Product Information:**

60 Capsules = 30-60 days supply

Two capsules will provide on average:

Average Values:	%NRV	
Calcium	150mg	19
Magnesium	150mg	40
Vitamin K2 (MK-7)	60µg	80
Vitamin D3	30µg	600
Boron	3mg	*



NRV = Nutrient Reference Value \*Indicates no NRV

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PRODUCT CODE: 3400

<sup>\*\*</sup> Calcium, magnesium, vitamin k & vitamin D all contribute to the maintenance of normal bones. Vitamin D3 contributes to the maintenance of normal muscle function.