

Vegan Pregnancy Multinutrient

60 CAPSULES

INGREDIENTS: Vitamin C (Calcium-L-Ascorbate), Calcium Citrate, Magnesium Citrate, Iron (Ferrous Citrate), Choline Bitartrate, Zinc Citrate, Vitamin B1 (Thiamin Hydrochloride), Coenzyme Q-10, Lutein, Vitamin B2 (Riboflavin 5'-Phosphate), Vitamin B3 (Nicotinamide), Selenium (L-Selenomethionine), Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B5 (Pantothenic Acid, Calcium salt), Beta-Carotene, Vitamin E (D-Alpha-Tocopheryl Acid Succinate), Vitamin D3 (Cholecalciferol), Inositol, Vitamin K2 (Menaquinone-7), Manganese Bisglycinate, Copper Bisglycinate, Vitamin B12 (Methylcobalamin), Folate (Calcium-L-Methyl-folate), Chromium Picolinate, Potassium Iodide, Ammonium Molybdate, D-Biotin, Capsule Shell (Hydroxypropyl Methylcellulose).

DIRECTIONS: Take 2 capsules per day. Do not exceed recommended dose.

Food supplements should not be used as a substitute for a varied balanced diet and a healthy lifestyle. If you are taking any medications or under medical supervision, please consult a doctor or healthcare professional before use. Discontinue use and consult a doctor if adverse reactions occur. Keep out of sight and reach of children. Store in a cool, dry place. For Best Before End and Batch No. information see below.

FOOD SUPPLEMENT

Carefully packed in the UK for DR.VEGAN Ltd.

Crispins, Manor Farm Lane, Michelmersh, Romsey, Hants, SO51 0NT.

DR.VEGAN® is a registered trademark.



FREE FROM: Added Sugar, Starch, Sweeteners, Gluten, Wheat, Soya, Lactose, Dairy, Artificial Flavours, Colours and Preservatives.

NUTRITIONAL INFORMATION:

	Per 2 capsules	EC NRV% *
Vitamin B1	30mg	2727
Vitamin B2	20mg	1429
Vitamin B3	20mg	125
Vitamin B5	15mg	250
Vitamin B6	15mg	1071
Folic Acid	400µg	200
Vitamin B12	400µg	16,000
Vitamin C	200mg	250
Vitamin D3	25µg	500
Vitamin E	12mg α-TE	100
Vitamin K2	83µg	110
Beta-Carotene	3mg	**
Biotin	50µg	100
Calcium	48mg	6
Choline	20mg	**
Chromium	50µg	125
CoQ-10	30mg	**
Copper	240µg	24
Inositol	10mg	**
Iodine	150µg	100
Iron	15mg	107
Lutein	3mg	**
Magnesium	48mg	13
Manganese	1mg	50
Molybdenum	50µg	100
Selenium	100µg	182
Zinc	14mg	140

* NRV = Nutrient Reference Value.

** No NRV Established.

www.drvegan.com

DR.VEGAN
BETTER ME. BETTER PLANET