

Check My Label Ltd.

Company No. 12022991

enquiries@checkmylabel.co.uk

www.checkmylabel.co.uk



# Certificate of Compliance

Certificate Number: CML-1920606

This is to certify that

## **Fruitful Fertility Men's Formula (60 Capsules)**

Complies with the labelling requirements of

Regulation (EU) No 1169/2011, Directive 2002/46/EC, The Food Supplements (England) Regulations 2003, Regulation (EC) No 1333/2008, and Regulation (EC) No 1924/2006

Signed on behalf of

Check My Label Ltd:

Certification Date: 18/07/2024

Issued By: **Sam Conebar**



This document confirms that the product label listed above has been assessed as meeting regulatory requirements at the time of issue by one of our food labelling experts. Labels should be re-submitted for review regularly. Certification does not constitute a guarantee of the legality of the product. Please note, our regulatory analysis is limited to the mandatory information, labelling rules and claims. Since we are not involved in the sourcing and manufacturing of raw materials, we cannot validate aspects related to the quality of finished products or the Novel Food status of any individual ingredients.

Check My Label Ltd.

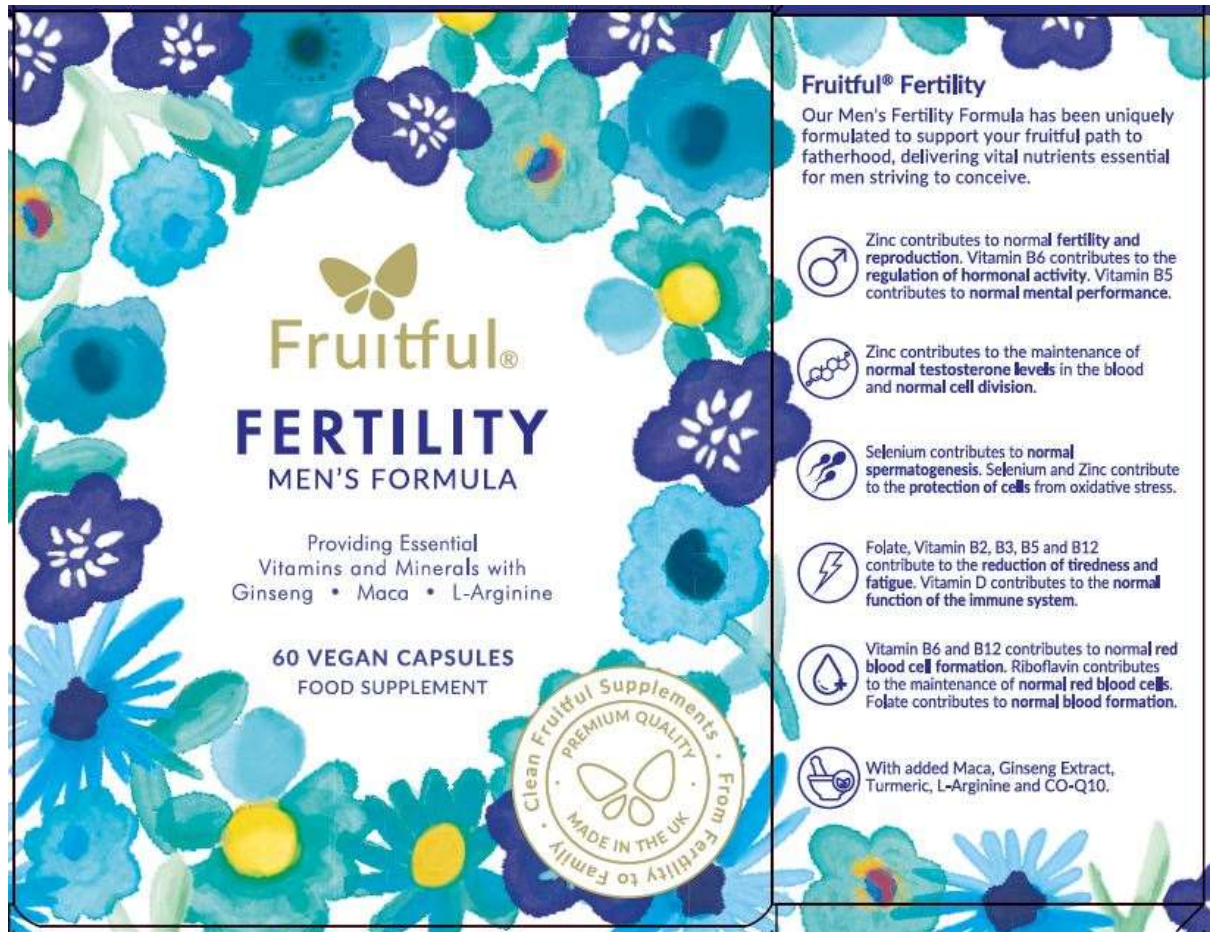
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## Label Artwork (Front)



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## Label Artwork (Reverse)

**Fruitful® Fertility Men's Formula**  
60 Capsules | 30 Day Supply

**Nutritional Information**  
Serving Size: 2 Capsules

Nutrients	Per Serving	% NRV*
Vitamin D3 (vegan 400iu)	10µg	200%
Vitamin C	100mg	125%
Thiamine (B1)	1.2mg	109%
Riboflavin (B2)	1.3mg	93%
Niacin (B3)	16mg NE	100%
Vitamin B6	2mg	143%
Folic Acid	400µg	200%
Vitamin B12	50µg	2000%
Pantothenic Acid (B5)	5mg	83%
Magnesium	80mg	21%
Zinc	25mg	250%
Manganese	2mg	100%
Selenium	100µg	182%
Maca Root	150mg	**
Turmeric Root	100mg	**
L-Carnitine	100mg	**
L-Arginine	100mg	**
Ginseng Extract 4:1	80mg	**
Myo-Inositol	50mg	**
Co Enzyme Q10	30mg	**
Black Pepper Extract	1mg	**

\* Nutrient Reference Value \*\* No NRV established

Made in the UK

**DIRECTIONS**  
Take two capsules daily on a full stomach. Do not exceed the recommended daily intake.

**Ingredients:** Magnesium Citrate, Capsule Shell (Hydroxypropyl Methylcellulose), Maca Root Powder, Turmeric Root Powder, L-Carnitine L-Tartrate, Vitamin C (Calcium Ascorbate), L-Arginine, Korean Panax Ginseng 4:1 Extract, Zinc Citrate, Myo-Inositol, CoEnzyme Q10 (Ubiquinone), Nicotinamide, Manganese Citrate, Calcium D-Pantothenate, Selenium-Enriched Yeast, Vegan Vitamin D3 from lichen (Cholecalciferol), Pyridoxine Hydrochloride, Riboflavin 5'-Phosphate, Thiamine Hydrochloride, Black Pepper Extract (95% Piperine), Calcium L-Methylfolate, Vitamin B12 (Methylcobalamin).

Begin taking Fruitful® Fertility 3 months before trying for a baby and continue for as long as required.

We recommend taking Fruitful® Vegan Omega 3 with DHA & EPA alongside this product.

Our clean Fruitful® vegan capsules are free from fillers, binders, anti-caking and flowing agents and preservatives.

**Vegan**

**Fruitful®**  
from fertility to family™

Fruitful was born from our founders' own personal journey to parenthood and is committed to producing clean, premium supplements, supporting individuals and couples from fertility to family.

[fruitfulfamily.co.uk](http://fruitfulfamily.co.uk)

Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

If taking any other supplements or medications, seek advice from your doctor before use.

This product is not suitable for children under 18 years, or for women during pregnancy or breastfeeding.

Store in a cool dry place out of sight and reach of children.

For best before end, see base.

Manufactured in the UK to GMP Standards.

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SCAN HERE FOR PRODUCT DETAILS, RECYCLING INFO, [fruitfulfamily.co.uk](http://fruitfulfamily.co.uk)

Fruitful® is a trademark of Fruitful Family Ltd  
D18CB48, IRL  
Bracken Road No 51, Dublin,  
EU Address: Fruitful Family Ltd,  
Fruitful Family Ltd, Bath, BA1 2FJ, UK  
Made in the UK

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