

Directions: 2 capsules daily or as directed by your healthcare practitioner.

Cautions: Do not exceed stated daily dose. Keep out of reach of children. Food supplements are intended to supplement the diet and should not be used as a substitute for a varied diet or healthy lifestyle. Store in a cool dark place. Do not use if the seal is broken.

Ingredients: Curcumin C3 Complex® (Extract of Turmeric root (Curcuma longa) min 95% curcuminoids [Bisdemethoxycurcumin 2.2%-6.5%, Demethoxycurcumin 15%-19%, Curcumin 75%-81%], RAW wholefood organic Indian turmeric root powder (Curcuma longa), BioPerine® (Black pepper extract (Piper nigrum)) min 95% Piperine, Hydroxypropylmethyl cellulose (capsule shell).

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TURMERIC BLEND

herbal extract with

CURCUMIN C3 & BLACK PEPPER

60 vegan capsules



Fushi supplement blends are created with high strength herbal extracts, vitamins & superfoods combined with our Fushi fresh-ground® herbs from this season's harvest and encapsulated in our London workshop, to provide natural remedies for everyday wellness.

High Strength 50:1 Turmeric Extract. Standardised to contain minimum 95% curcuminoids.

Nutritional Breakdown	Per 1 cap	Per 2 caps
Curcumin C3 Complex (Bisdemethoxycurcumin)	400mg	800mg
(Demethoxycurcumin)	16mg	32mg
(Curcumin)	68mg	136mg
Turmeric	316mg	632mg
BioPerine	95mg	190mg
(Piperine)	5mg	10mg
	5mg	10mg