

Lucid Cookie Dough Spec Sheet



Product Description:

Gluten-free, vegan friendly adaptogenic nutrition bar, featuring functional ingredients such as Lions Mane mushroom and Maca root.

- Net Weight: 50g
- Product Type: Nutrition/Functional Food Bar
- Primary Features: Lions Mane, Maca, Gluten-Free, High Fibre

Ingredients:

Dates, **Peanuts, Cashews**, Chicory Fibre, Rice Protein, 55% Dark Chocolate (Cocoa Mass, Sugar, Cocoa Butter, Vanilla Powder), Maca Root (3%), Lions Mane (2%), Natural Flavouring, Salt

Cookie Dough	Per 100g	Per 50g
Energy	397kcal	198kcal
Fat	19g	9.6g
Of which Saturates	4.5g	2.3g
Carbs	33g	16g
Of which Sugars	26g	13g
Fibre	13.7g	6.9g
Protein	18g	9.2g

Allergen Information:

Contains: Peanuts, Cashews

May contain traces of: Other nuts, Soya, Milk

(Manufactured in a facility that handles these allergens)

Storage & Handling

- Store in a cool, dry place
- Shelf Life: 12 months from date of manufacture

Manufacturing Information

- Manufactured in the UK for Vibes Inc.
- Gluten-Free Certified



Note: This specification is subject to change. Latest certificates and detailed microbiological specifications available upon request.

Csilla Gindorf, CEO