Ingredients declaration

Spinach 44%, Sunflower oil, Potato flakes, Crumb (Carrot, Potato, Yeast), Onion, Water, Cooked sunflower seeds, **WHEAT FLOUR (GLUTEN)**, Vegetable Stock (Dried Vegetables (Onion, Tomato, Garlic), Salt), Salt, Black pepper.

Allergen information

For allergens see ingredients in **BOLD**.

SERVING SIZE : 3 Bites 66g	Per 100g as sold	Per 66g (3 bites (as consumed)	Unit
Energy	909	743	kJ
	218	178	kcal
Fat	12.1	8.8	g
of which saturates	1.1	0.8	g
Carbohydrates	20.8	20.2	g
of which sugars	7.4	6.3	g
Fibre	6.4	3.3	g
Protein	3.4	2.9	g
Salt	0.8	0.6	g



Nutrition claims

GMO Status

 Low saturated fat
 All our products are GMO free

 Source of Fibre
 Country of Origin

 No added Sugars
 Europe - Austria

