

Chamomile, passionflower & reishi mushroom herbal infusion

Swirling with whole chamomile flowers, this indulgent bedtime tea is as soft and soothing as a lullaby. Alongside passionflower and luscious lemon verbena, we've stirred in a little reishi mushroom, used for centuries in traditional medicine when it's time to drift off to dreamland. With a hint of chocolatey goodness and a fabulous floral finish, this blend's an absolute beauty. Sweet dreams!

NUTRITION INFORMATION

Servings Per Pack: 15

Serving Size: 1 tea temple in 250 mL of boiling water

Average values	Per 100ml infusion	Per serving
Energy	8 kJ / 2 kcal	20 kJ / 4 kcal
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	0.55 g	1.4 g
of which sugars	0 g	0 g
Protein	0 g	0 g
Salt	0 mg	0 mg



good to know

- ✓ We only use big, quality, whole leaves. No dust. Big leaf = Big flavour. Simple.
- ✓ Natural, with no artificial flavourings.
- ✓ We give back to the communities that bring us our tea.



All our packs give back with a donation to help support vulnerable communities in Rwanda. Scan to find out more about our contribution.

Discover our huge range of tea and teaware at: teapigs.co.uk

how we
like it:

1 temple
per cup

boil water
to 100°C

brew for
5 mins

15 x 2.2 g tea temples

NET 33 g e

About our packaging



tea temple

Made from plant starch – and suitable for commercial compost collection (where available).



inner bag

Made from soft plastic, please check locally to find out where you can recycle. Need help? There's more info on the base.



outer carton

Made from fully recyclable paperboard - please recycle.

EN - Ingredients: chamomile (41%), rosehip seed, lemon verbena (1.2%), cocoa husk, passionflower (8%), natural flavouring, reishi mushroom (2%).
SE - Ingredienser: kamomill (41%), nyponfrö, citronverbena (1.2%), kakaoskal, rosenbladshimma