

# DANDS®

Baking since 1969, our family is passionate about creating, sourcing and sharing our authentic global recipes. Fuel your day with our wholesome sticks made with oats, chia & black seeds.

✓ YEAST FREE   ✓ CRISPY TEXTURE   ✓ AUTHENTIC RECIPE  
✓ NO ARTIFICIAL FLAVORS & SWEETENERS

## NUTRITIONAL INFORMATION

**Per 100g** - Energy 1891kJ/452kcal, Fat 15.1g (19%), of which saturates 4.9g (25%), Carbohydrate 67.6g(25%), of which sugars 1.1g, Fiber 12.5g (45%), Protein 11g.

## MY INGREDIENTS

Flour (**Wheat, Oat, Rye**), Vegetable Oil (Canola), Seeds (Black Seeds, Chia, Soy Grits, Sunflower, Lin), Brown Sugar, Oat Flakes, Roasted Malt, Maize Starch, Raising Agents (Sodium Acid Pyrophosphate (E450), Sodium Bicarbonate (E500)), Salt, Acidity Regulator (Citric Acid (E330)), Water.